

Viola

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# TEACHING RHYTHMIC INDEPENDENCE

A BOOK OF RHYTHMS AND PROGRESSIVE  
MELODIES

FOR STRINGS

Book 1

BY

BOYD E. GIBSON

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Apex Music Company  
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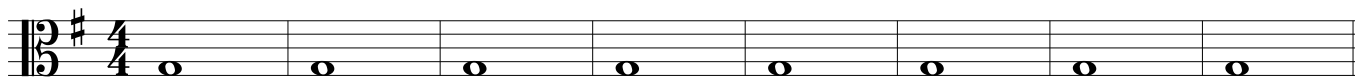
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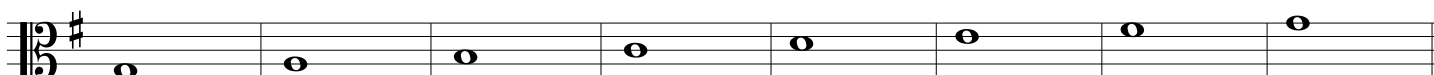
# Whole Note Exercise

Flash Card No.1

①



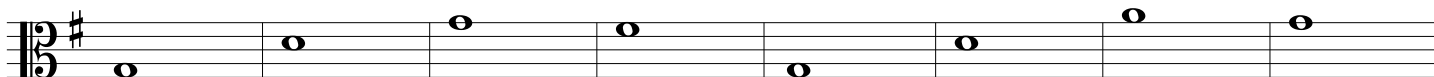
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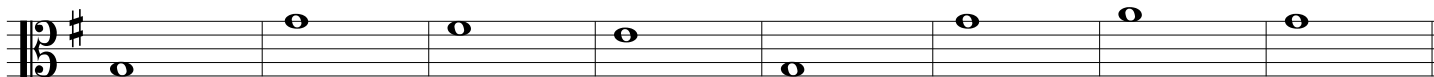
③



④



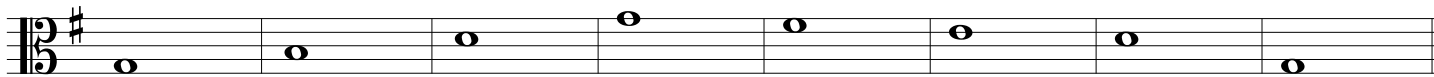
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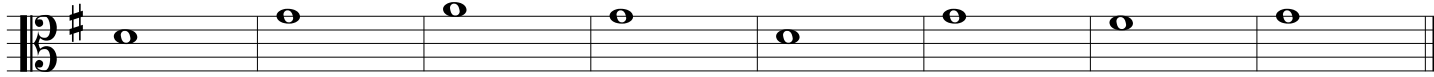
⑥



⑦



⑧



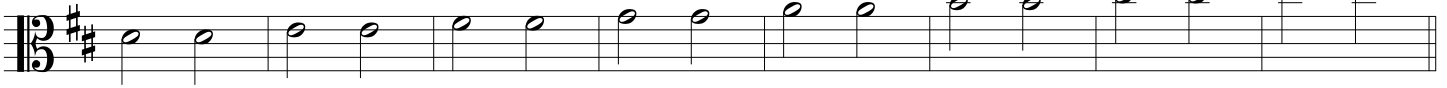
# Half Notes

## Flash Card 2

9



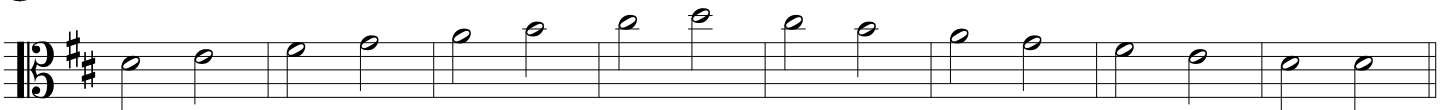
10



11



12



13



14



15



16



# Half Notes & Half Note Rests

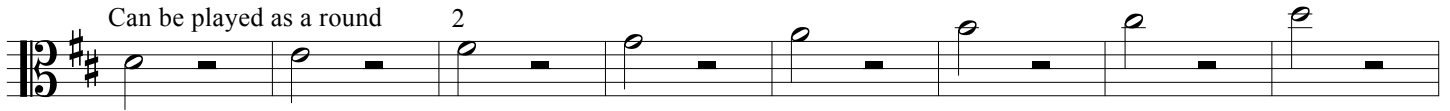
## Flash Card 3

Can be played in an Ensemble with Half Notes & Half Note Rests II

17



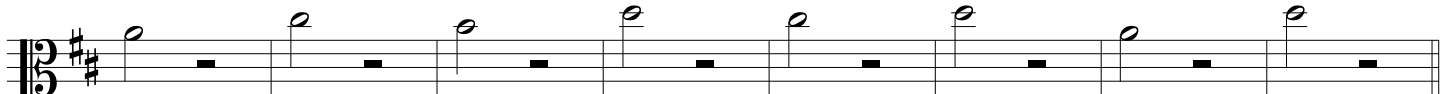
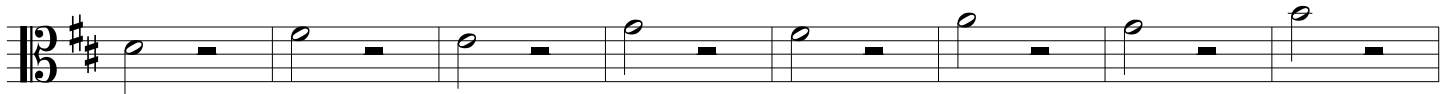
18



19



20



21



# Half Notes & Half Note Rests II

## Flash Card 4

Can be played in an Ensemble with Half Notes & Half Note Rests

22



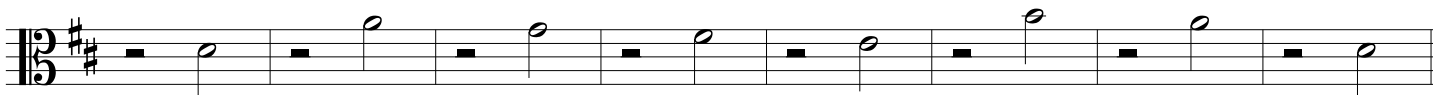
23

Can be played as a round

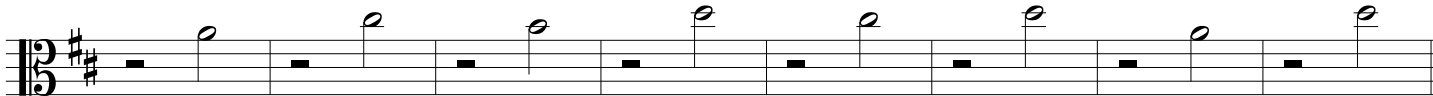
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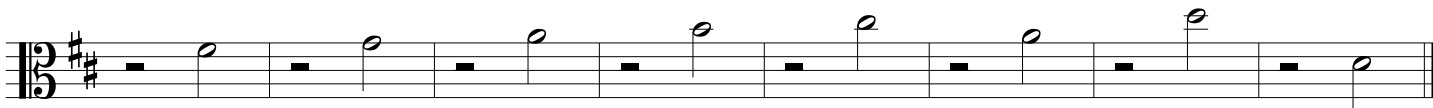
24



25



26





# Quarter Note Rest on 2 & 4

Flash Card 12

Can be played in ensemble with Rest on 1 & 3

35



36

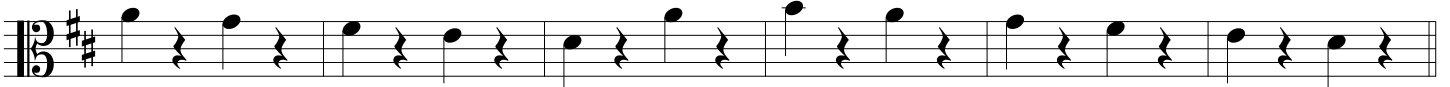


37



38

*Twinkle Twinkle Little Star*



39



40







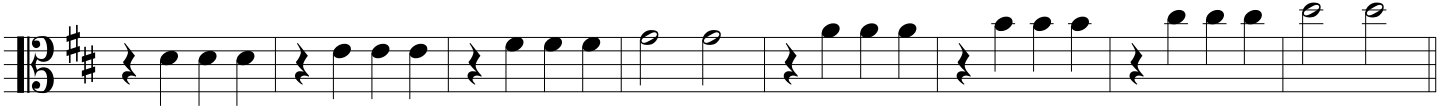
# Quarter Note Rest on Beat 1

Flash Card 9

47



48



49



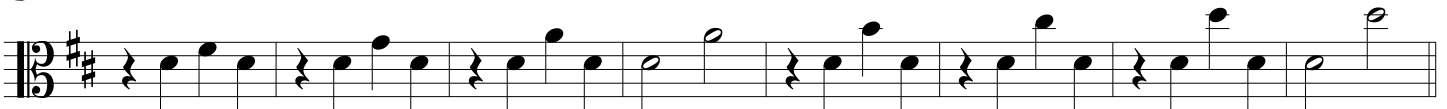
50



51



52



53



54



# Quarter Note Rest on Beat 2

Flash Card 8

55



56



57



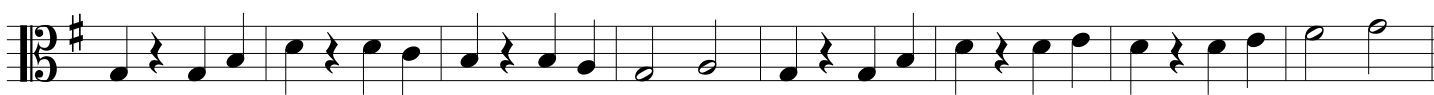
58



59



60



61



62



# Quarter Note Rest on Beat 4

Flash Card 10

63



64



65



66



67



68



69



70





# Half and Quarter Notes in Rounds

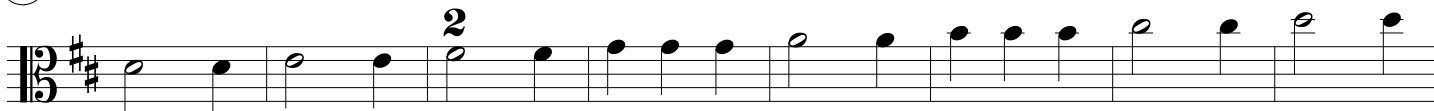
Includes O How Lovely is the Evening

Flash Card 48, 49, & 50

75



76



77



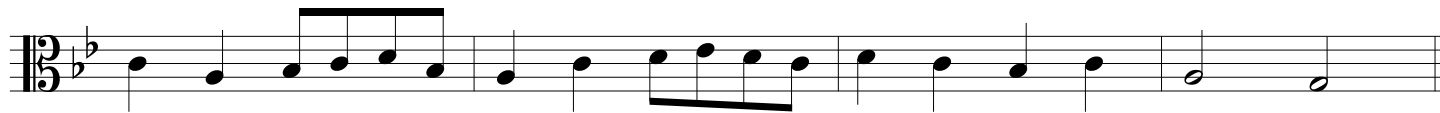
78

*O How Lovely is the Evening*





84



85





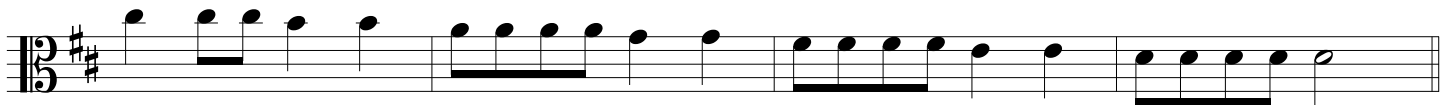
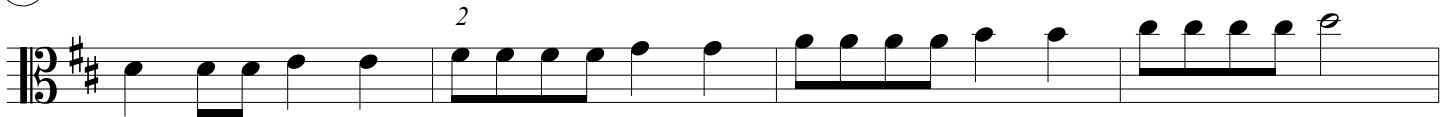
# Quarter & 8th Notes in Rounds

Flash Cards 13, 14 & 37

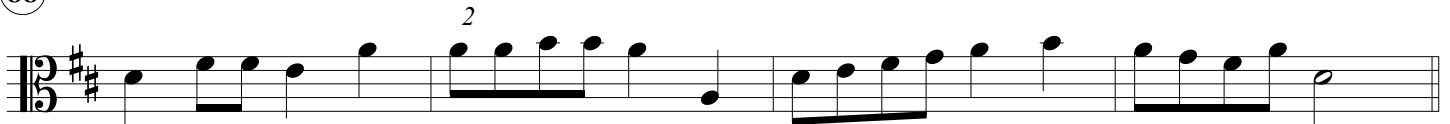
86



87



88



89



*Why Shouldn't My Goose?*



# Dotted Half Quarter and Eight Notes

Flash Card 49, 50 & 52

97

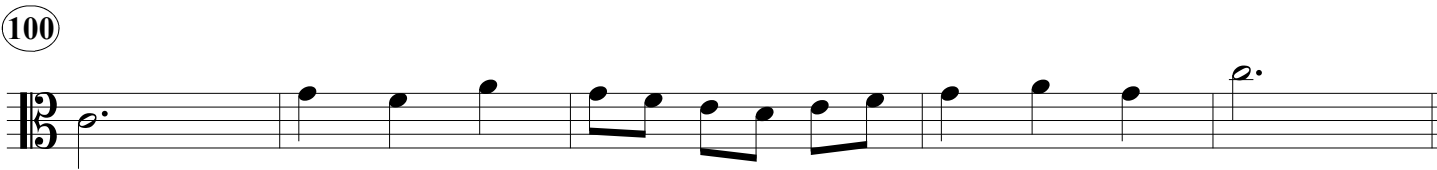


98



99







# Half, Quarter, Dotted Quarter & 8th Notes

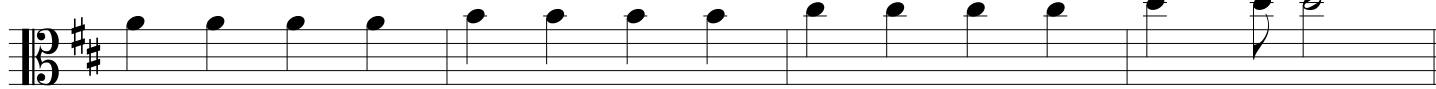
Flash Card 6, 18, 19 & 20

Ode To Joy

108



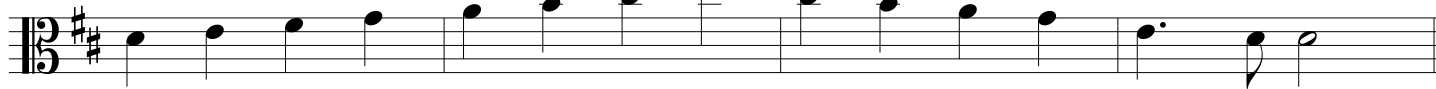
109



110



111



112



113



114



115



116



117

Beethoven's Ode To Joy



# Dotted Quarter Note Rhythm

Flash Card 5 & 21

118



119



120



121



122



123



124







135



136



137



138



139



140

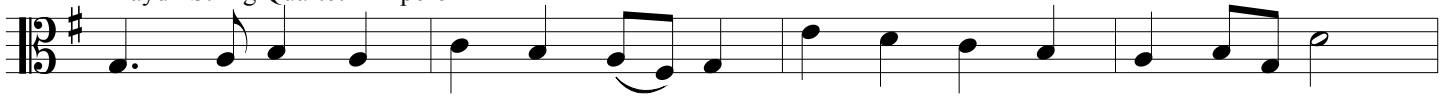


141



142

Haydn String Quartet "Emperor"







# Half, Quarter & 16th Notes

Flash Card 30 & 31

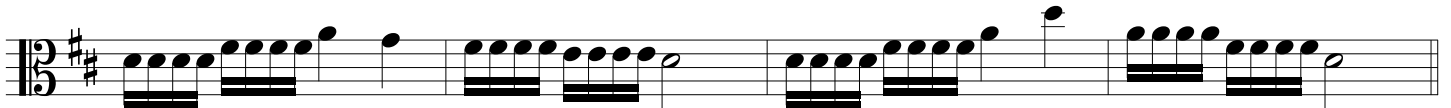
148



149



150



151

*I've Been Working on the Railroad*



152



153



154



# 8th and 16th Notes

Flash Card 32

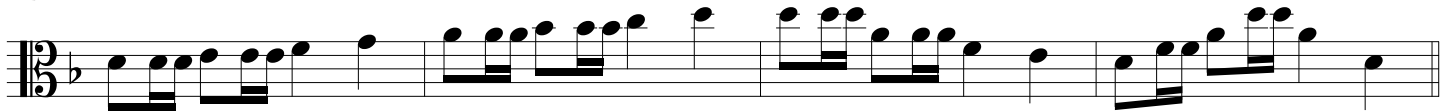
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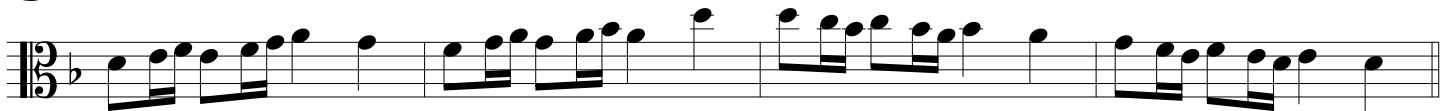
156



157



158



159



160



161



# Quarter, 8th & 16th Notes Mixed I

Flash Card 33

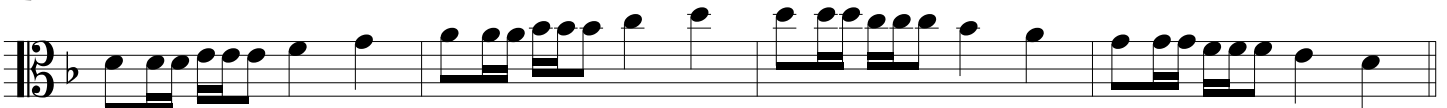
162



163



164



165



166



167







# Dotted Half, 8th and 16th Notes

Flash Card 29, 33, 36 & 38

Rhythm for Vivaldi's Gloria

175



176



177



178



179

*Antonio Vivaldi's Gloria*



# Dotted 8th & 16th Notes

Flash Card 5 & 39

180



181



182



183



184



185



186





# Dotted Quarter and 16th Note Rhythm

Flash Card 6, 29 & 41

195



196



197



198



199



200



201



# Triplets and Quarter Notes

Flash Card 5 & 42

202

Exercise 202: Two staves of music in 4/4 time with a key signature of one sharp (F#). The first staff contains eight measures of quarter notes in groups of three, each marked with a '3' below it. The second staff contains six measures of quarter notes in groups of three, each marked with a '3' below it, followed by two measures of quarter notes.

203

Exercise 203: Two staves of music in 4/4 time with a key signature of one sharp (F#). The first staff contains seven measures of quarter notes in groups of three, each marked with a '3' below it. The second staff contains six measures of quarter notes in groups of three, each marked with a '3' below it, followed by two measures of quarter notes.

204

Exercise 204: Two staves of music in 4/4 time with a key signature of one sharp (F#). The first staff contains seven measures of quarter notes in groups of three, each marked with a '3' below it. The second staff contains six measures of quarter notes in groups of three, each marked with a '3' below it, followed by two measures of quarter notes.

205

Exercise 205: Two staves of music in 4/4 time with a key signature of one sharp (F#). The first staff contains seven measures of quarter notes in groups of three, each marked with a '3' below it. The second staff contains six measures of quarter notes in groups of three, each marked with a '3' below it, followed by two measures of quarter notes.

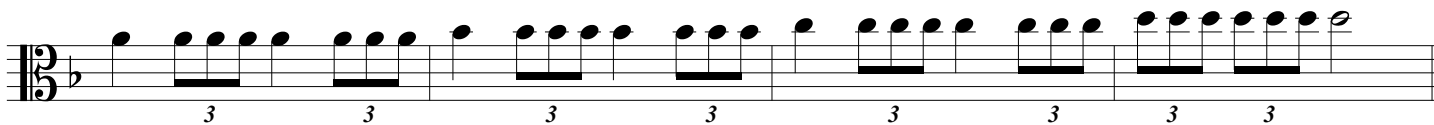
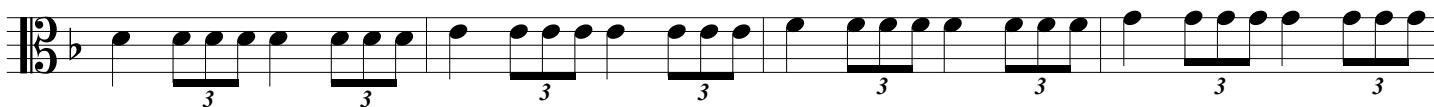
# Triplets and Quarter Notes II

Flash Card 43 & 44

206



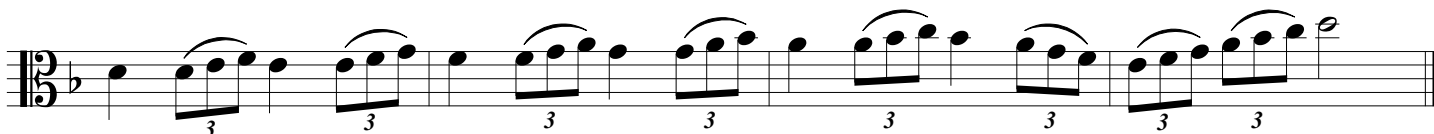
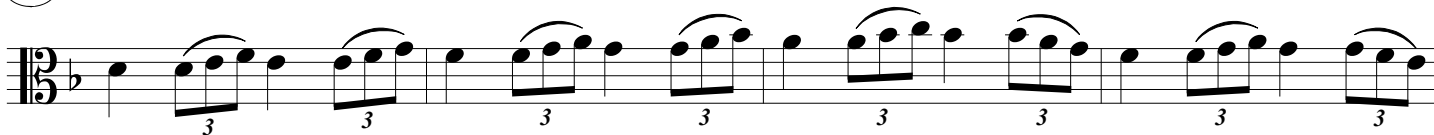
207



208



209



# Syncopation

Flash Card 2 & 45

210



211



212



213



214



215



216



217





# Syncopation II

Flash Card 2 & 46

218



219



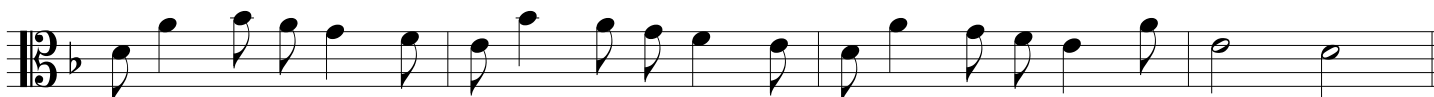
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221



222



223



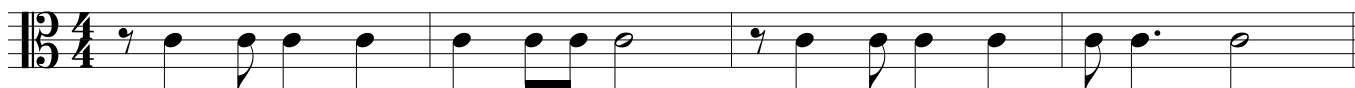
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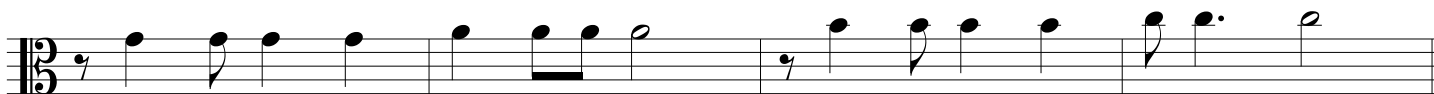
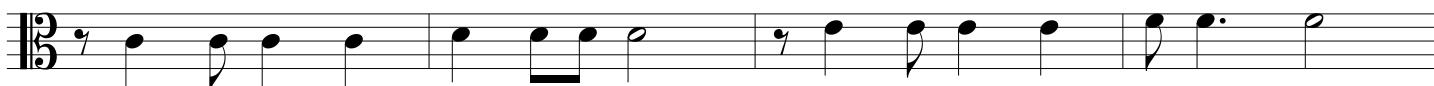
# Syncopation III

Flash Card 24, 47 & 93

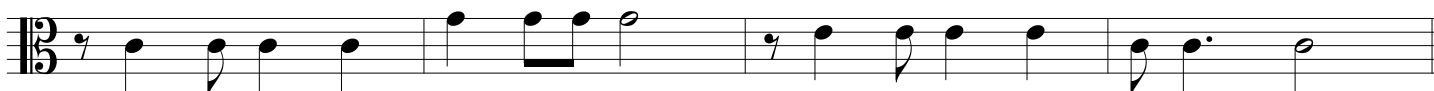
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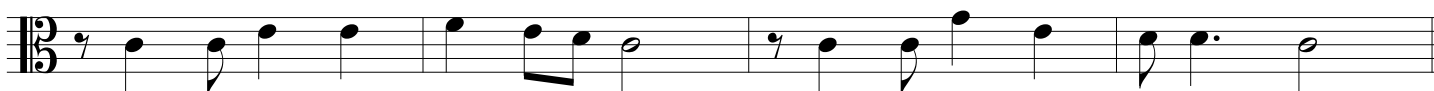
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227



228



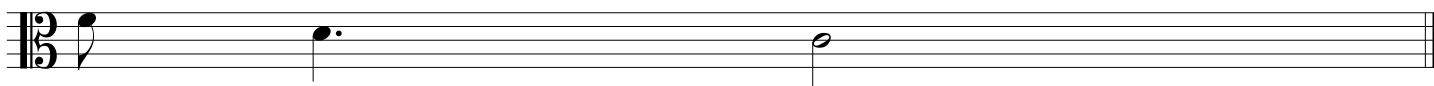
229



230



231



# Counting in 2 Part I

Flash Card 59 & 60

Can be played with Counting in 2 Cut Time Part 1 at the same time.

232



233



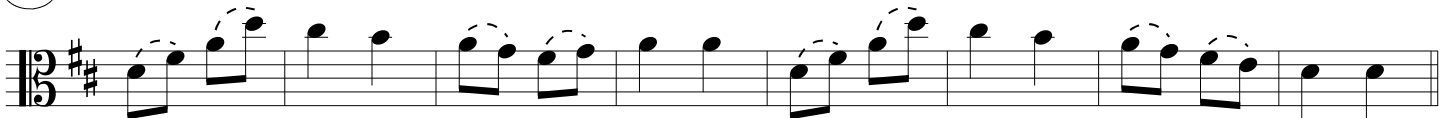
234



235



236



237



238



239



# Counting in 2 Cut Time Part I

Flash Card 53 & 54

240

Can be played with Counting in 2 Part 1 at the same time.



241



242



243



244



245



246



247



# Counting in 2 Part II

Flash Card 59 & 63

Can be played with Counting in 2 Cut Time Part II at the same time.

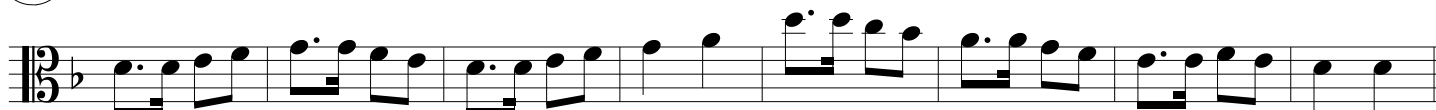
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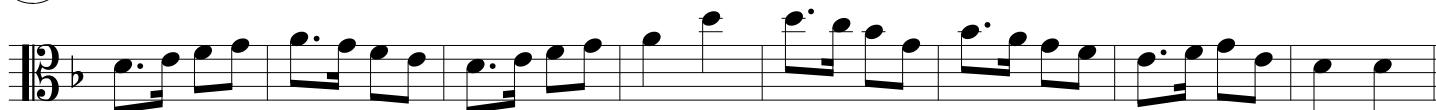
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250



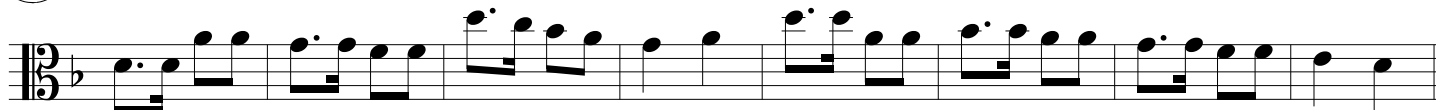
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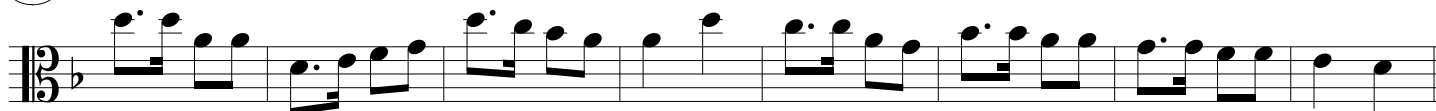
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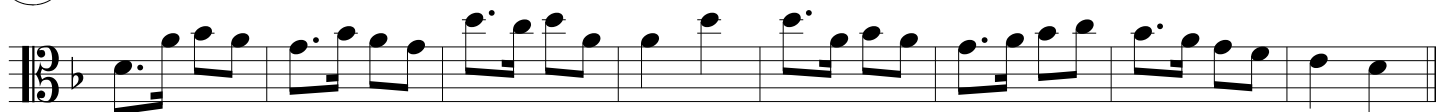
253



254



255



# Counting in 2 Cut Time II

Flash Card 53 & 57

Can be played with Counting in 2 Part II at the same time.

256



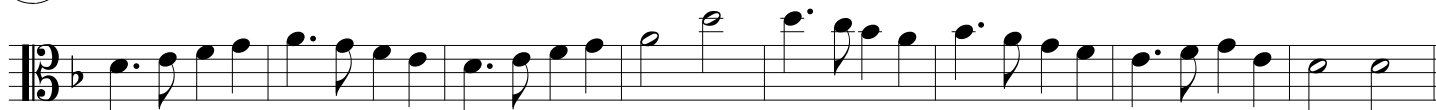
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258



259



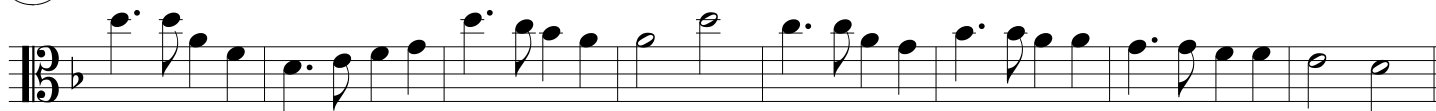
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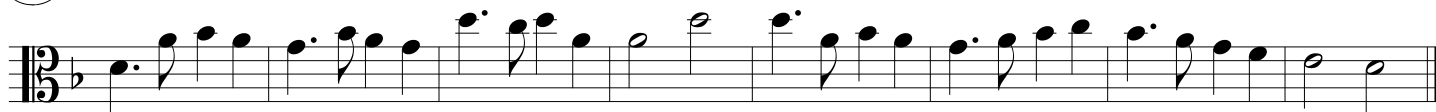
261



262



263



# Counting in 2 Part III

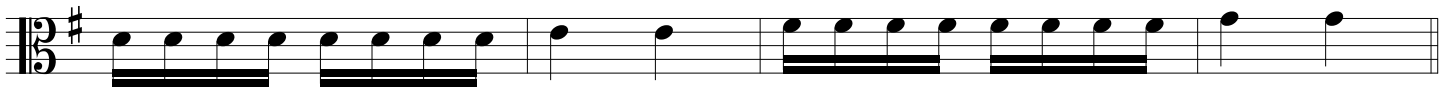
Flash Card 59 & 61

Can be played with Counting in 2 Cut Time Part III

264



265



266



267



268





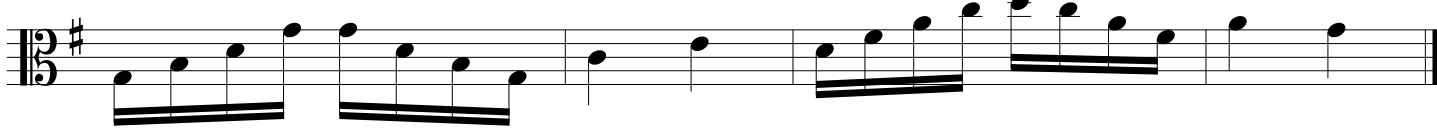
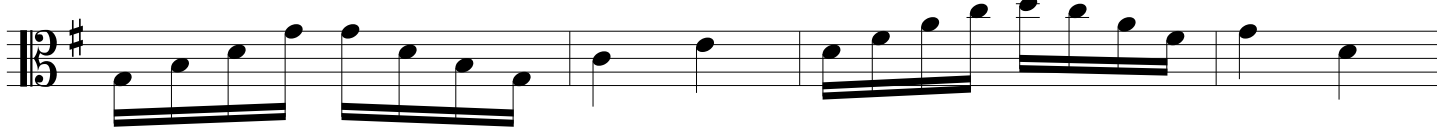
269



270



271







277

Exercise 277 consists of two staves of music in 2/3 time with a key signature of one sharp (F#). The first staff begins with a treble clef and a sharp sign. The melody starts with an eighth-note triplet (F4, G4, A4), followed by another eighth-note triplet (B4, C5, D5). The second measure contains a half note G4. The third measure features a descending eighth-note triplet (D5, C5, B4), followed by another descending eighth-note triplet (A4, G4, F4). The exercise concludes with a half note G4.

278

Exercise 278 consists of two staves of music in 2/3 time with a key signature of one sharp (F#). The first staff begins with a treble clef and a sharp sign. The melody starts with an eighth-note triplet (F4, G4, A4), followed by an eighth-note triplet (B4, C5, D5). The second measure contains a half note G4. The third measure features an eighth-note triplet (D5, C5, B4), followed by an eighth-note triplet (A4, G4, F4). The exercise concludes with a half note G4.

279

Exercise 279 consists of two staves of music in 2/3 time with a key signature of one sharp (F#). The first staff begins with a treble clef and a sharp sign. The melody starts with an eighth-note triplet (F4, G4, A4), followed by an eighth-note triplet (B4, C5, D5). The second measure contains a half note G4. The third measure features an eighth-note triplet (D5, C5, B4), followed by an eighth-note triplet (A4, G4, F4). The exercise concludes with a half note G4.

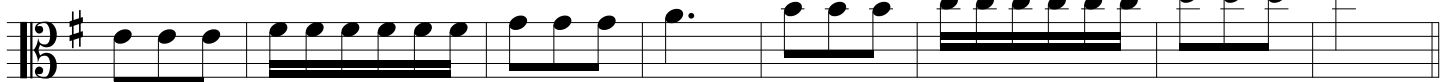
# Dotted Quarter, 8th & 16th Notes

Flash Card 65, 66 & 67

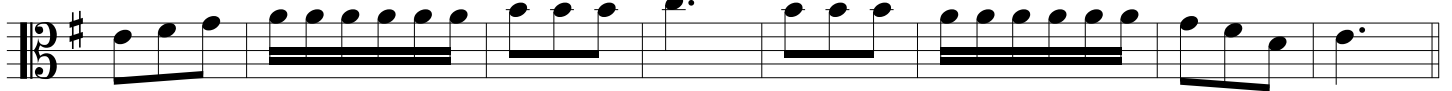
280



281



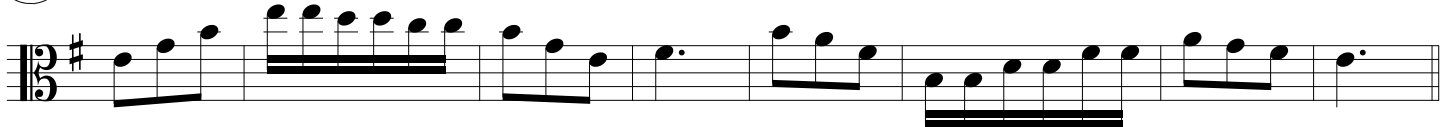
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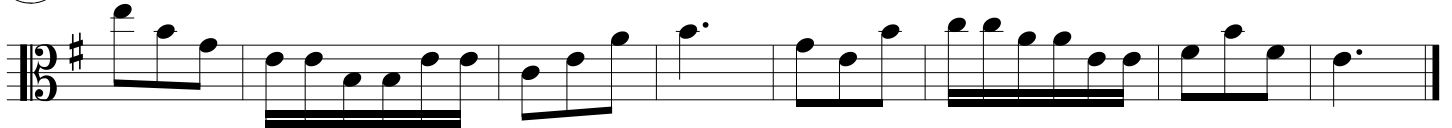
283



284



285



# Dotted Quarter, 8th, 16th & 16th Triplets

Flash Card 65, 67, 68 & 69

286

Musical notation for exercise 286, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

287

Musical notation for exercise 287, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

288

Musical notation for exercise 288, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

289

Musical notation for exercise 289, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

290

Musical notation for exercise 290, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

291

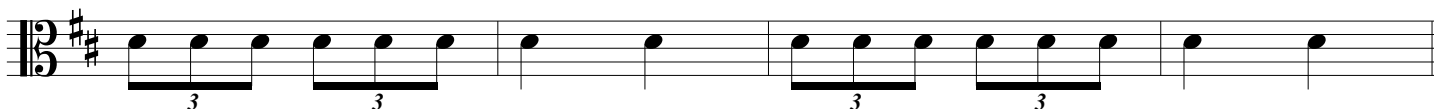
Musical notation for exercise 291, featuring a treble clef, a key signature of one sharp (F#), and a 3/8 time signature. The exercise consists of six measures. The first measure contains a dotted quarter note (F#4). The second measure contains an eighth note triplet (F#4, G#4, A4). The third measure contains a sixteenth note triplet (F#4, G#4, A4). The fourth measure contains a dotted quarter note (B4). The fifth measure contains an eighth note triplet (B4, C#5, D5). The sixth measure contains a sixteenth note triplet (B4, C#5, D5) followed by a dotted quarter note (E5).

# Triplets in 2

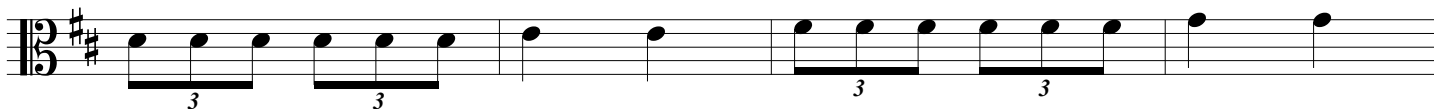
Flash Card 83 & 94

Can be played with Compound Meter in 2

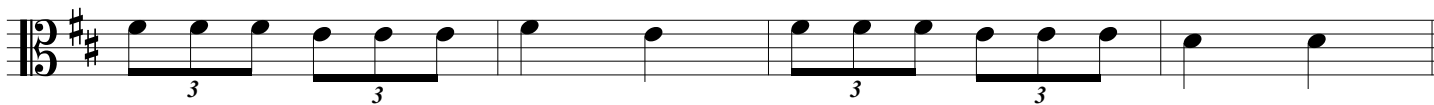
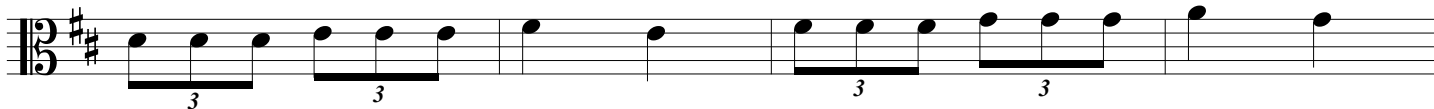
292



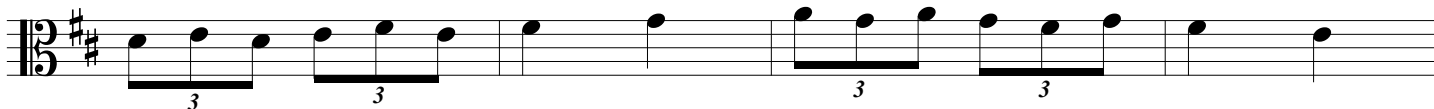
293



294



295



296

Exercise 296 consists of two staves of music. The first staff contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The second staff also contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The key signature is one sharp (F#) and the time signature is 3/8.

297

Exercise 297 consists of two staves of music. The first staff contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The second staff also contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The key signature is one sharp (F#) and the time signature is 3/8.

298

Exercise 298 consists of two staves of music. The first staff contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The second staff also contains four measures: the first two measures each have a triplet of eighth notes (G4, A4, B4), and the last two measures each have a triplet of eighth notes (C5, B4, A4). The key signature is one sharp (F#) and the time signature is 3/8.

# Compound Meter in 2

Flash Cards 71 & 72

Can be played with Triplets in 2

299



300



301



302



303



304



305



# Counting in 2

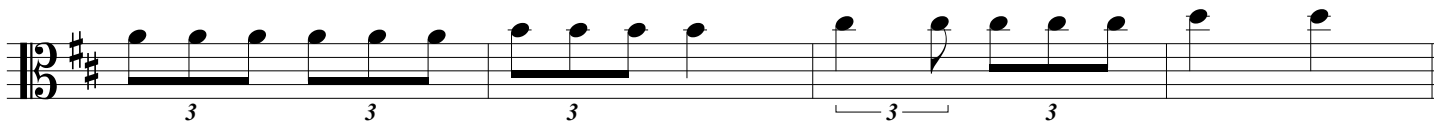
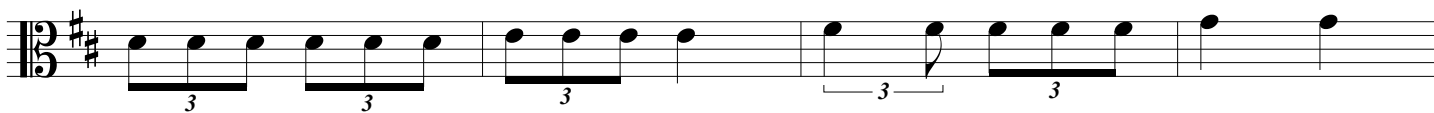
Flash Card 90, 94, 95 & 96

Can be played with Compound Meter in 2

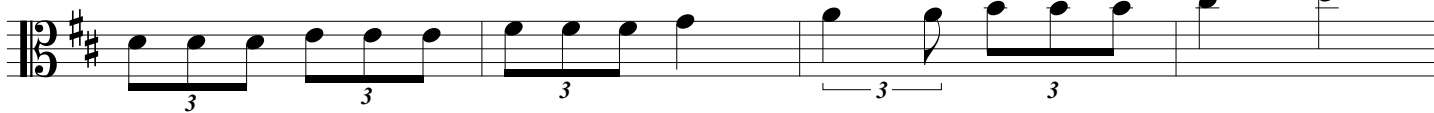
306



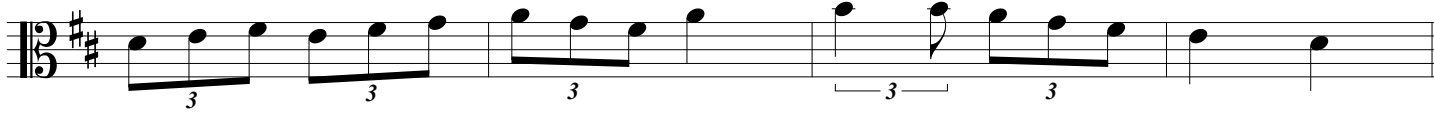
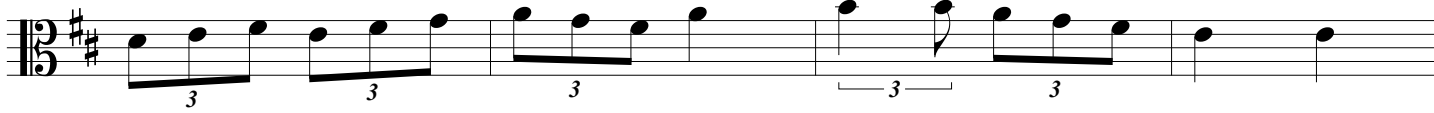
307



308



309





310

310

311

Emerald Gates

311 Emerald Gates

312

312

# Compound Meter in 2

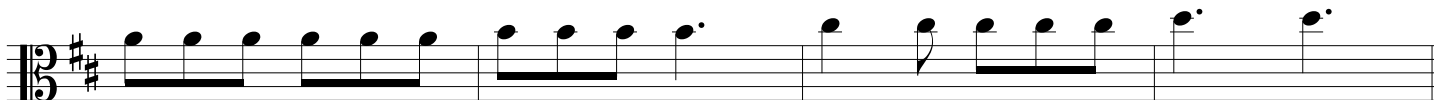
Flash Card 71, 72 & 97

313

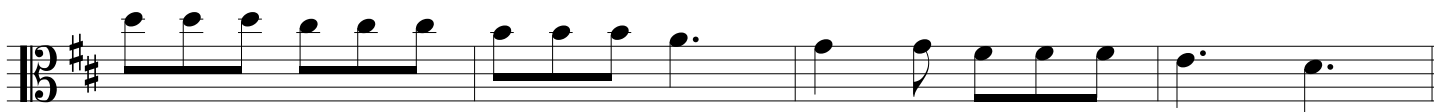
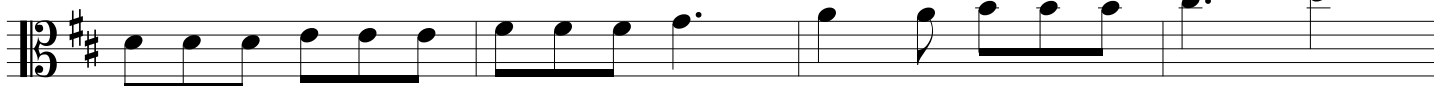
Can be played with Counting in 2



314



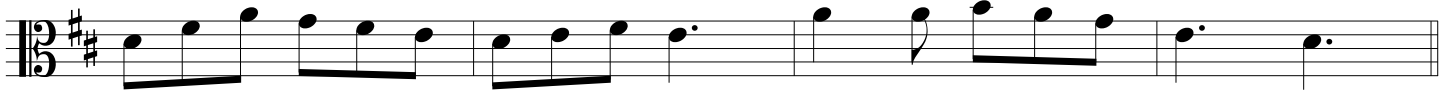
315



316

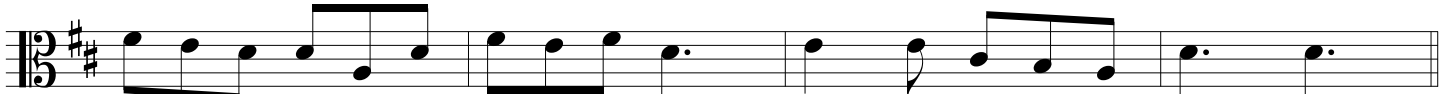
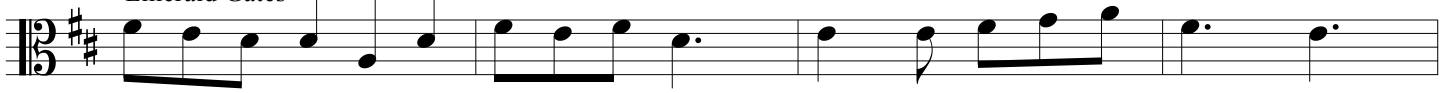


317

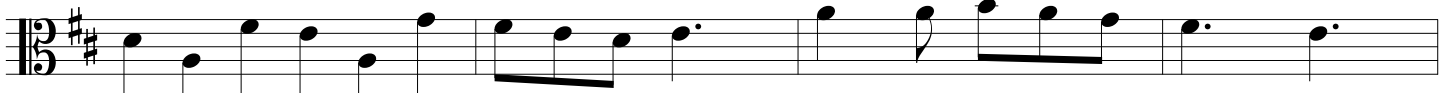


318

Emerald Gates



319



# Counting in 2

Flash Card 89 & 90

Can be played with Counting in 2 Compound Meter

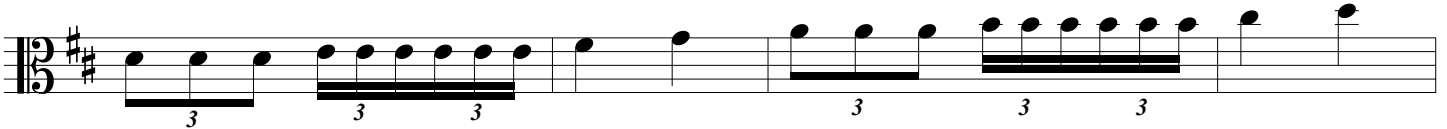
320



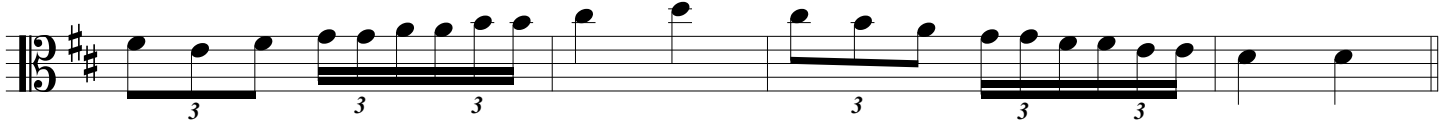
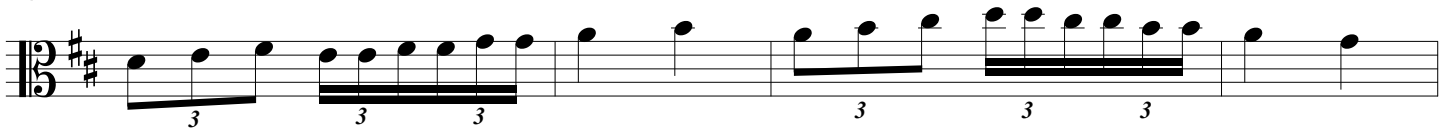
321



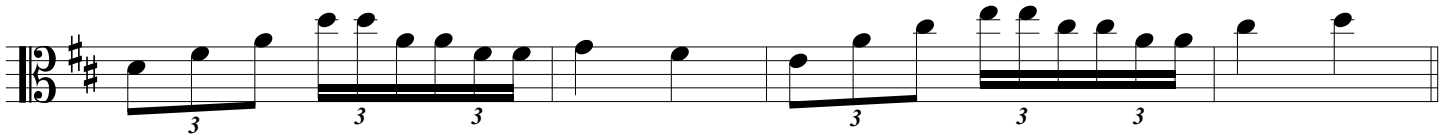
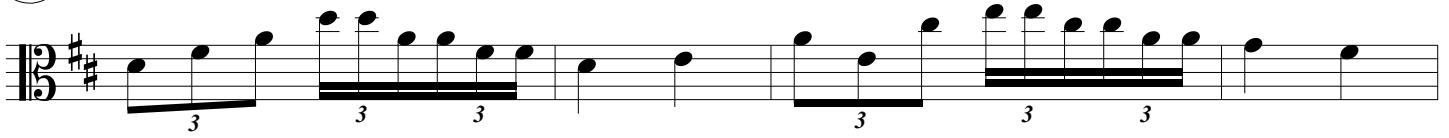
322



323



324



# Compound Meter in 2

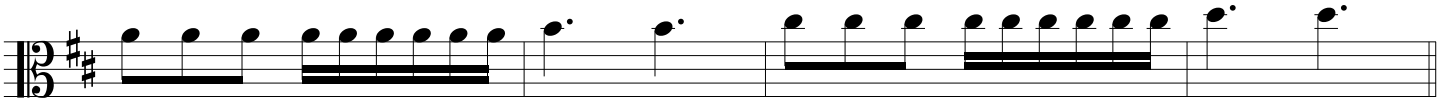
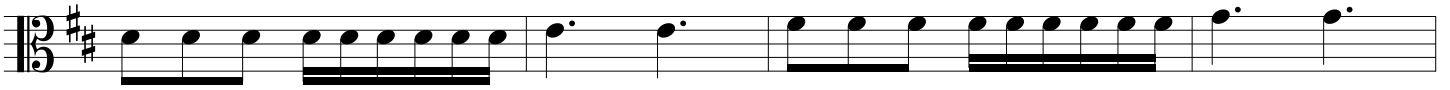
Flash Card 72 & 73

Can be played with Counting in 2

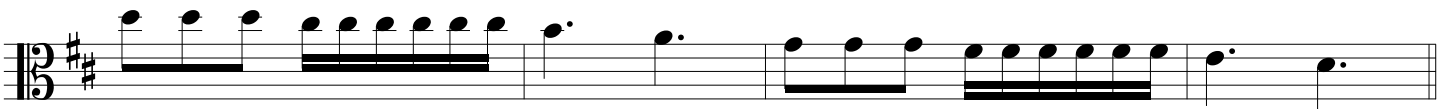
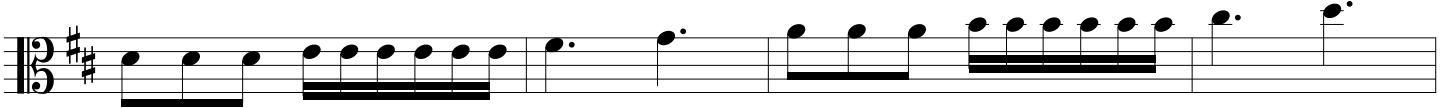
325



326



327



328

The first system of musical notation for exercise 328 consists of two staves. Both staves are in treble clef with a key signature of two sharps (F# and C#). The music is written in a 2/4 time signature. The first staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The second staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The music continues with various rhythmic patterns, including eighth and sixteenth notes, and rests.

329

The first system of musical notation for exercise 329 consists of two staves. Both staves are in treble clef with a key signature of two sharps (F# and C#). The music is written in a 2/4 time signature. The first staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The second staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The music continues with various rhythmic patterns, including eighth and sixteenth notes, and rests.

The second system of musical notation for exercise 329 consists of two staves. Both staves are in treble clef with a key signature of two sharps (F# and C#). The music is written in a 2/4 time signature. The first staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The second staff begins with a quarter note G4, followed by a quarter note A4, and then a quarter note B4. The music continues with various rhythmic patterns, including eighth and sixteenth notes, and rests.





333

Exercise 333 consists of two staves of music. The first staff contains four measures: the first three measures feature eighth-note triplets, and the fourth measure contains two eighth-note triplets. The second staff also contains four measures: the first three measures feature eighth-note triplets, and the fourth measure contains two eighth-note triplets. The music is written in a single clef with a key signature of one flat.

334

Exercise 334 consists of two staves of music. The first staff contains four measures: the first three measures feature eighth-note triplets with accents, and the fourth measure contains two eighth-note triplets. The second staff also contains four measures: the first three measures feature eighth-note triplets with accents, and the fourth measure contains two eighth-note triplets. The music is written in a single clef with a key signature of one flat.

# Compound Meter in 3

Flash Card 74, 75 & 76

Can be played with Counting in 3 with Triplets

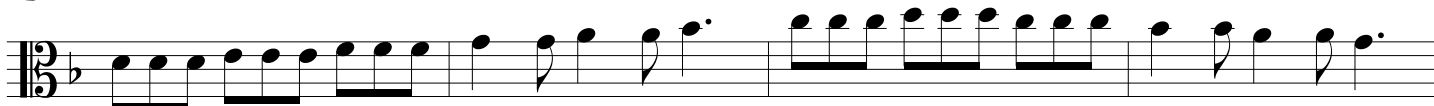
335



336



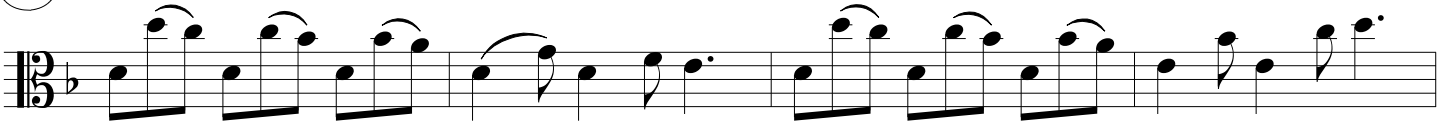
337



338



339

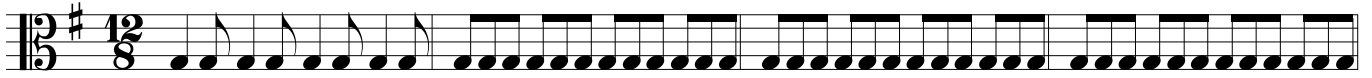


# Compound Meter in 4

Flash Card 77, 78 & 79

Bach Gigue Fugue

340



341



342



343



344

*J. S. Bach Gigue Fugue*

